

7 Steps to Informed Consent

All Tantric Journey Therapists are bound by the Tantric Journey Code of Ethics to seek informed consent from all of their clients before beginning any therapy session.

These 7 Steps will help to ensure the very best standards of client care are maintained and that a client is capable of giving informed consent

STEP 1 -KEY FACTS **verbal**

General explanation of treatment benefits, indications, contraindications and alternative approaches

STEP 2-DOCUMENTATION **written**

Completion of well-being questionnaire by client

STEP 3-MANAGING EXPECTATIONS **verbal**

Clear discussion about what the treatment can and can't provide further what the therapist can and can't provide/ deliver

STEP 4 -INFORMATION FACTS **written**

Written information to support points 1 & 2 often in the form of a brochure

STEP 5-BUSINESS & PROFESSIONAL POLICIES /PROCEDURES **verbal**

This discussion should include a clear explanation and disclosure of code of ethics, joint confidentiality, limits of confidentiality, treatment plan, and complaints procedures etc

STEP 6-PROFESSIONAL POLICY STATEMENT **written**

A copy of your professional policy statement should be displayed in your therapy space & a copy given to the client for reference

STEP 7-CLIENT CONSENT FORM **written**

The client can now sign the consent form as only now have they been provided with all the information necessary to make an informed decision to sign the consent form